

# Rouse High School Softball Booster Club

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Meeting Minutes / January 18th, 2024 / 6:00pm / RHS Athletic Study Hall

Call to Order: 6:01pm

## **Board Member in Attendance:**

Christie Barber- President

Jenny Stein- Vice President

Valerie DeMascio-Secretary

Kyle Stein- Treasurer

Brenda Samuels- Head Coach

Cyndi Cunningham-Concessions Coordinator

## **Agenda:**

- **Amateur Chili Cook Off and Mandatory Parent/Player Meeting**

Rouse Softball held its first annual chili cook-off contest as part of our parent/player meeting. Juniors and Seniors made chili and Freshman/Sophomores brought sides and desserts. One Freshman parent and one sophomore parent were the judges. The winners were:

1st Place: Brooke White

2nd Place: Paola Castillo

3rd Place: Madi George

- **Coach Samuels Presentation:**

Introductions of coaches:

Coach Victoria Cossey- new to Rouse, 10yrs coaching softball, graduated from Texas Lutheran University-Seguin.

Coach Stacy Cruz- 2nd year with softball as a volunteer coach. Works with pitchers and catchers everyday after school hours.

Coach Jefferson will also return after basketball season ends.

- **Slides:**

- Conduct Policy Slide:**

1. Treat Coaches, teammates, teachers, parents, officials and opponents with the kind of respect you want to be treated with.

2. If it is against the law, don't do it. Being caught by the police, school official or coach, may result in your immediate removal from the team or other consequences.

3. Conduct unbecoming of a Raider softball player will be dealt with on an individual basis. Be a role model. Act in a manner where everyone that you come in contact with will look up to you. Impress others by your attitude and actions.
4. Athletes will not be allowed to speak to parents, guardians, friends or anyone else during practices or games. Please talk to a coach if you need something.
5. All cell phones must be turned off when players enter a field. Practice pre-game, games, team events, team dinners etc. If you need your daughter please call a coach.

**-Practice Policy:**

1. Missing practice or being late to practice (unless excused, determined only by a coach) will result in not only making up the practice but extra duties. All make-up practices need to be complete before the next competition.
2. Excused makeup practice is as follows:
  - a. 100 Bat swings using various cage drills.
  - b. 25 target throws
  - c. Ladder cycle
  - d. Fielding drills using bounce back net
  - e. 2-4 zig zags depending on what you missed during the period.
3. If you are going to miss practice for any reason you must contact one of the coaches before the practice is missed either by cell phone, email or text.

**-Workout Clothing/Jerseys:**

1. Workout clothing will be provided for each player, any other clothing will not be allowed.
2. Gloves and ear warmers may be worn any day but ears must be covered if the temperature or wind chill is 40 or below.
3. Jewelry may be worn but must not be a safety issue, No large hoops, long necklaces or rings should be worn.
4. Only current Rouse softball players may wear softball issued clothing.
5. This year we have a \$200 player fee. The fee includes wearable items and equipment through the season. If you need help or a payment plan please reach out asap. Our booster club has discussed an option as well.

**-Equipment:**

1. Throwing equipment of any kind will not be tolerated
2. Every athlete will be given equipment owned by the school district that must be taken care of. All equipment will be returned at the end of the year, any damages may cost you money.

**-Parents/Player/Coach UIL Policy**

- Be flexible and adapt to changes
- TASO Official abuse policy

- Player Behavior
- Parent Behavior
- Coach Behavior
- Player or coach ejection equal one game suspension

#### **-UIL Parent Handbook**

1. Please follow all rules placed in the rouse handbook and UIL handbook
2. You are not allowed in the dugouts or around the dugouts
3. Do not talk to your daughter during practice, games, or warmups. Please talk to one of the coaches if there is an emergency
4. Make sure your triggering responses are positive towards, players, coaches, or umpires
5. If you have questions or problems please email me or set up a conference. I am available before school or by appointment. Coaches will not discuss problems after a game of practice
6. Do not interrupt unless its an emergency
7. On away games your daughters must ride the bus to and from the events and picked up at the time we arrive back to school
8. Let your daughters fail, without bringing attention to yourself.

#### **-NFHS Rules Changes**

2024 rule changes

6-1-2c, 2-47; The pitcher may now have both feet off ground at the same time as long as both feet remain within 24 in width of the pitching plate and pitcher does not replant the pivot foot. A Definition for the replant was added.

Rationale: the rule change permits both feet to disengage from the playing surface while delivering a pitch. The addition to rule 2-47 defines that the replant of the pivot foot occurs when the pitcher pushes off the playing surface from anywhere other than the pitcher's plant prior to the act of delivering the pitch.

6-2-2 Pitchers can only use dirt, powdered rosin or comparable drying agents that are listed on the USA Softballs certified equipment web page to dry the hand.

Rationale: clarifies the difference between tape and other non approved substances on the pitching hand or fingers vs the USA approved substances under the supervision and control of the umpire.

#### **-Playing Time**

- Talk to your daughter first.
- She must...
  - Know her assignment
  - Hustle and effort
  - Physical and mental toughness
  - Contribution to the team

-Talent

**-Game Policy:**

-Focus on the controlables.

-Be patient

-Be intentional

-Be present

-Fail at full speed

-During triggering events

-remember AIM Acknowledge, Interrupt, Manage

**-Lettering Policy**

A player will receive a letter each year after playing 8 varsity level games. If a player quits or is released they forfeit the letter. This does not include postseason.

**-Academics**

Varsity 80 or above

Jv 75 or above

required tutorials

**-Holidays/Spring Break**

Use calendars on sports you

Missing a practice on a holiday is not excused

Games during spring break are required

**- Projects for workday**

-Hang new batting cage net

-Check all nets, tighten if needed

-Fix lights in dugout

-Add netting to the bullpens

-Clean out and reorganize storage

-Kill stickers in bull pens

- Workday for January 20th, 2024 had to be postponed due to weather. It will be rescheduled for a different Saturday, TBD.
- Softball and Baseball storage sheds are experiencing a rat problem due to the construction on Raider Way. The district is using peppermint twice a week to deter the rats since poison cannot be used near the student athletes.

● **Athletic Trainer Intros:**

-Miranda Gafford introduced herself and gave an explanation of care and preventative care offered to injured athletes. Trainers attend all home games.

Trainers are available for softball players: 7am-7:30am

-Note: If you choose to visit your pediatrician you will need a doctor's note to return to play.

Trainers are Miranda Gafford and Wayne Lauritzen

- **Booster Club Updates:**

- Fan Gear was available for purchase at the meeting and whatever was left over will be for sale in the concession stand this season.

- HEB Update:

- We are still working to obtain all necessary items in order to begin volunteering. HEB center requires us to purchase an insurance policy to cover all parents and players to volunteer on their premises.

- Sign ups were available for JV Goodie Bags and Varsity Tournament needs.

- Sign up Genius with concession shifts, game day meal, team dinner will go out by 01/21/24.

Meeting Adjourned: 7:33pm